

## Flow condition of Influenza progress from starting symptom to restarting school (kindergarten)

Education board of Kakegawa city

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### ● Suspecting Influenza disease

Subscribe to any medical service in Kakegawa – Kikugawa – Omaezaki and they are prepared for handle out to you the [Medical Influenza disease proof paper]. For more information, please contact to school (kindergarten).

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### ● Ask to the doctor about the Medical proof of Influenza disease

After having a medical examination, the doctor will give to you a paper called [Medical Influenza disease proof paper], writing the **1<sup>st</sup> day** the child got sick and **another important information**.

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### ● Inform school (kindergarten) by phone

Call on to school (kindergarten) and inform the following 3 points:

- ① Child or student's name
- ② Grade · class
- ③ Date written on the medical Paper (see the example)

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### ● Stay resting at home, write the progress of the disease on the report paper

Stay resting at home for 5 days after starting symptom and 2 or 3 days after the temperature get normal. In these days the child can't go to school Kindergarten).

The guardians need to write the **Influenza course report (guardian write space)**. Don't forget to write everyday morning and afternoon.

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### ● After these necessary rest period, bring to school (kindergarten) the Medical proof of Influenza paper

Until last year it was necessary to be reexamined by the doctor to get the [Permission to return school], but from September 1<sup>st</sup>, 2020, just Medical Influenza paper will be necessary (**guardians have to write the report**) to school or kindergarten allow to child or student come to school.

**It's not necessary to have a medical reexamination.**

When the child get better and return to school, it will issue the [Stopping from attendance school]